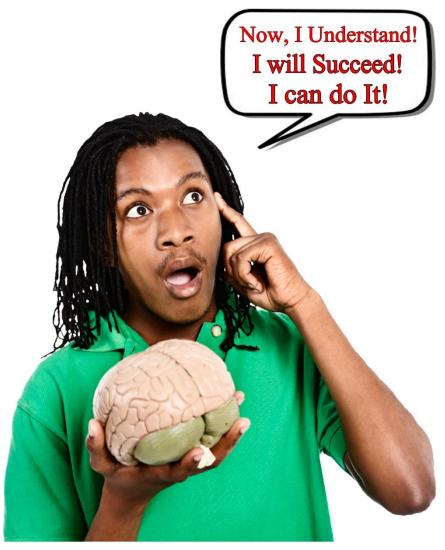
# Think to Prosper

Learn How to Achieve Your Goals

Solve Problems and Earn More Money!



"Think Your Way to Riches"

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# **Need More Help???**

In this book you will see QR codes that can be scanned with your phone and URL links that you can type into your browser for more information, including videos.

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<u>IMPORTANT NOTICE</u>: All self-help principles in this book are time tested and proven. These commonsense principles are arranged into a step-by-step system to make them easy for you to apply. They are equally effective in helping you achieve your goals regardless of what they may be; both large or small.

#### **PREVIEW**

# THINK TO PROSPER

Turn Today's Dreams into Tomorrow's Reality!

# **Solve Problems – Reduce Stress – Get Things Done!**

The Easiest System in the World to Learn and Prosper!

Follow these simple steps to accomplish any Project. Projects can be a Goal you want to Achieve or a Problem you want to Solve.

#### 1. Do Your Best

a. Always start with a commitment to Do Your Best.

#### 2. Focus

- a. Focusing is clearly defining your Project, the thing you want to achieve. It can be a goal to accomplish or a problem to solve. Write it out in full detail so you can read it aloud to yourself. Read it often!
- b. State what the end result should look like and where you are at today. This becomes your map. Now you know where to Start and where the Finish line is.

#### 3. Divide to Decide

- a. Take the Project that you just defined and break it down into smaller, more managable parts. You do this by asking yourself lots of detailed questions.
- b. Start making a list. Discover what you know and what you do not know. Question everything!
- c. Questioning will lead you towards developing your understanding of the Project.

#### 4. Seek Wise Counsel

- a. Seek advice from multiple experts; individuals that have successfully done what you want to do.
- b. Do your research. Go to a library, search the internet, and ask elders who they think you should talk to.
- c. YouTube videos and search engines like Google can provide you with good resources.
- d. Always, always seek 3 or more sources and opinions.

### 5. Paper and Pencil

- a. Make a master list of ideas and tasks. Write everything you are learning down in a notebook. This will be the beginning of your planning process.
- b. Your notes will last through time. This allows you to start and stop on your Project when needed. Do not fool yourself; you cannot remember everything.
- c. Writing empowers you to organize your thinking. This helps you bring your Project to life.

# 6. Categorize

- a. Organize your thoughts and plans into 4 categories.
- b. The first one is the **Discard category**, for bad ideas.
- c. The second is the **Doable category**. This is for ideas that you know you can do. You have everything you need to do it. Nothing is stopping you, but you.
- d. Third is the **Possible category**. You know you can do it, but something is stopping you. You can do it "if" you had this... or "if" you had that... The "if" is the only thing stopping you.
  - i. Resolving the "if" is your key to success.
  - ii. When you eliminate the "if," your task is now Doable. Move it to the Doable category.
- e. Fourth is the **Dream category**. This category is for the big ideas that will require extra work and time. Big dreams always <a href="https://have.lots.of">have lots of "if" tasks. Never give up on your dreams. Resolve one "if" at a time until your dream becomes your reality.</a>

# 7. How to Eliminate the "if" Tasks

- a. You will learn how to eliminate the "if" and resolve any issue that keeps you from completing your Project by untilizing the above steps 1-5.
- b. Repeat the process as often as required to achieve your goals.
- c. Believe in Yourself. You can do it.
  - i. Never give up! You will succeed!

The more you practice this cognitive system for solving problems and accomplishing your goals, the easier and easier it will become. You are smarter than you think. \*\*\* TRUST YOURSELF \*\*\*

# **Principles that Create Prosperity**

My Ugandan friends, it is finally your turn to discover the principles that helped millions of Americans prosper and



become richer than they had ever dreamed. These success principles have raised people out of deep poverty and into the middle class. Millionaires have built their financial empire upon them. People around the world (just like you) have achieved their goals in life using the same lessons you will be learning in this book. Whatever you want out of life you can have if you are willing to apply yourself.

Just like Uganda, the United States was a British colony before it gained its freedom from Great Britain. America was made up of refugees and immigrants escaping problems. In October 1929, the stock market crashed and caused the American economy to fall into the Great Depression that lasted 10 years. Millions of Americans lost their jobs, diseases were ramped, families were hungry, and people were starving to death. Things seemed to get worse every day. People felt hopeless and discouraged; thousands committed suicide.

The Uganda people have suffered greatly from war. Ugandans have more in common with Americans than you may think. On December 7, 1941, the United States was attacked by Japan, pushing them into World War II. Sadly, over 416,000 Americans died. Millions of children became orphans; they had no father, no uncles, or big brothers. Many of the soldiers that made it home were injured; missing a leg or arm, and there were no jobs. These are some of the same problems that Ugandans are dealing with today. If America can overcome poverty and war, **So Can You!** 

God gave all of us the same ability to learn. You can overcome the lack of money and climb out of poverty by developing plans of action and working hard every day until you see your plans come true. You can achieve your goals and live the life of your dreams by following these step-by-step principles and never giving up.

Your success starts by Believing in Yourself. You will find a way to make it happen. Understand you can learn anything you need to know; do your research, ask questions, seek wise counsel. Through hard work and commitment, you can overcome every obstacle that stands in your way, including the lack of money. Be determined and never give up. You shall be rewarded for your efforts. Develop a clear vision of your goals by asking yourself good questions. Take action on what you know every day.

Little-by-little you will make progress as you develop your plans and work diligently towards their fulfillment. Remember, you do not have to have all the answers before you start. Just start!

Money is not everything. You need good health and good friends. But if money or a great job is what you want, then go for it. By taking action on the principles, you will learn in this book, you will be empowering yourself to achieve your goals.

**Don't be fooled!** All the money in the world will not buy us peace of mind, joy or happiness, but it can make life easier. "Money is not the root of all evil. — It is the <u>LOVE</u> of money that is the root of all evil." Money is a tool to accomplish our goals and to bless others. We love people and use money.

Happiness is NOT based upon the circumstance we face or the money we have; it is a decision we make every day. Some of the poorest people on earth are the happiest. Be happy while you are busy making money. That makes the journey fun. **Stan** 

Simon from OTICI village is my hero! He was a student at Yale High School in Kayunga when he made a life changing decision to learn and apply the success steps taught in my other book, "HOW TO DO THE IMPOSSIBLE AND A WHOLE LOT MORE." He then began teaching his friends how to succeed too.



He is like many Ugandans. He is not rich and struggles day to day. As a child, he escaped the wars in the north and was raised in an

Simon Okema MoreHelp.us/11



orphanage. Simon is determined not to allow his impoverished circumstances to stop him from accomplishing his goals. As he began to apply the same principles you will learn, he discovered that he can accomplish what seemed to be impossible. He opened several businesses, built a community center, started a school, got a road put into his village, and a whole lot more. Simon is eager to teach you how to apply the LOGICDIE<sup>™</sup> principles in your life; you too can accomplish your goals and dreams.



**Stan Reynolds** MoreHelp.us/20

Hi, I am Stan Reynolds. One of the greatest joys of my life was spending time



in Uganda, teaching young men and women how to overcome their challenges and be successful. Their amazing stories of victory have warmed my heart and put a smile on my face. The only thing that could top that would be - hearing your story and how the principles helped you. I am greatly honored

that you have picked up this book. I wish you the very best.

The principles you discover in this book are based upon years of practical experience and in-depth research in personal development. As you read this book, you will learn a system for solving problems and achieving your goals. It will help you process your thoughts utilizing the  $\mathbf{LOGICDIE}^{\mathsf{TM}}$ .

There is work to do, but do not worry, you will master it. You will solve problems and benefit from the great progress you will be making. Utilizing the system will help you make wise decisions based upon evidence. You will be better organized and feel more in control of your circumstances. This will reduce your stress and improve your personal productivity. Productivity directly effects how prosperous you will be. Work hard. Your efforts will be nicely rewarded with prosperity and peace of mind. Years from now, you will be able to look back and be proud of your accomplishments.

You will want to get your own **LOGICDIE**<sup>™</sup>. Hopefully, one will be available to you when you get this book. However, you and your friends can **make your own**. How? Paint a wood cube gold and then mark it up as shown in this book. Cut a medium size round hole for side one. Draw a line between the dots on side 2. Paint the middle dot on the sides 3 and 5 a different color than the other dots. *See video*.

The **LOGICDIE**<sup>TM</sup> is entirely different from any other die. (Dice is plural; 2 or more. Die is

Make Your Own MoreHelp.us/24



been used for playing games of chance. We are not playing a game with the  $\mathbf{LOGICDIE}^{\mathsf{TM}}$ . It is a tool, not a toy. The  $\mathbf{LOGICDIE}^{\mathsf{TM}}$  is a mnemonic device that serves as a cognitive tool. (Cognitive - means thinking) It helps you organize your thoughts and develop workable plans that need to be carried out to accomplish your goals.

The **LogicDie**<sup>™</sup> derives its name from a die and the fact that you use it to make <u>logical decisions</u>. Each side of the die is a mnemonic because it reminds you of an essential step in the process.

Mnemonic devices are **techniques people can use to help them improve their ability to remember something**. In other words, it is a memory technique to help your brain better encode and recall important information. Mnemonic devices are very old, with some dating back to ancient Greek times.

Using the **LOGICDIE**<sup>™</sup> is a stepby-step thinking process! You should find each individual step to be fairly easy. Nevertheless, it does require work and must be closely followed.

These steps provide the structure

Build Strong Mental Muscles by Exercising Your Brain!

Success Steps

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for your *cognitive operating system*. A *cognitive operating system* is a decision-making system that manages your domain knowledge. Just like a computer has an operating system that manages data, so does your brain. The **LogicDie**<sup>™</sup> system provides the infrastructure for your brain's flow of information. When using it, your brain will retrieve and evaluate information before making a decision. This will enable you to judge wisely. Your decisions must be acted upon; your actions will produce results. The person you are today and will become - is equal to the total sum of the decisions you act upon.

You will discover that each time you use the **LOGICDIE's**<sup>™</sup> steps, they will become easier and easier until it is a natural part of your thinking. This thinking process will become part of your day-to-day routine. As it does, you will be making wiser decisions faster and find yourself getting a lot more accomplished.

In this book, you will be learning both the <u>Numbered Principles</u> and the life changing <u>"P" Word Principles</u>. Combined, these two types of principles will provide the organizational structure for your new <u>Cognitive Operating System</u>.



Think of the **LOGICDIE**<sup>™</sup> as if it was a piece of exercise equipment for your brain. Let us compare training your mind (mental training) to



training your body (physical training). If you want to have big muscles, you must workout. The most successful athletes practice self-discipline. You will find them lifting heavy weights to force their muscles to grow. The more weight they lift, the bigger their muscles become. Their muscles cannot say, "I'm not going to grow." The muscles have no choice; they must grow. Their muscles and yours will always respond to exercise, and so will your brain.

Utilizing your thinking skills will force mental growth. A good example is the more you read, the better reader you become. Likewise, once you truly understand how a mathematical equation works, it becomes simpler, although it was originally hard. As you diligently use this step-by-step thinking process, it too will become straightforward and uncomplicated. You will be rewarded with improved productivity that will help you achieve your goals.

The **LOGICDIE™** represents "**choice - not chance.**" It is a memory tool - not a game piece or toy. Each side helps you to remember a **Numbered Principle**.

Example - Principle Six: Six is the highest number; it represents putting forth your <u>highest</u> and best efforts on any project. When you look at side six, it will remind you to "Do Your Best." Doing your BEST always requires commitment and determination. It will be one

r

6 = Do Your Best



Do Your Best MoreHelp.us/ "When the going gets tough, the tough gets going."

of the "Keys" to your success. There is an old saying,

# Good - Better - Best

"Good, better, best – Never let it rest, until Your Good is Better, and Your Better is Best!" My mom, Ellen Watson

To do your best, you must be all in; fully committed to the task you are working upon. It is important to remember that once you have done your best, that is all you can ask of yourself. It should create a guilt free zone; a place where you can be at peace with yourself. Do not stress yourself out because you are not as far along the way as you would like to be. Give yourself a mental break and do not beat yourself up. Do not let anyone else mentally beat you up either. Your best is all that anyone can ask of you.

Albert Einstein was considered a genius. His discoveries in physics transformed our understanding of the universe.



Albert Einstein Said, "Education is Not the Learning of Facts, but the Training of the Mind to Think."

It is your ability to think, to ponder ideas, and to make decisions that will lead you towards success. This is

"WHY" you need a *cognitive operating system* that the **LogicDie**<sup>TM</sup> **system** provides. It provides structure to your thinking process and improves your ability to think outside the box will grow.

Einstein - "The true sign of intelligence is not knowledge but imagination."

Einstein believes that utilizing your imagination plays a critical role in your overall success. **Your imagination produces the Pictures you visualize in your mind;** it is where your dreams come from. Inventors picture their inventions in their minds before they're manifested in the physical realm. Entrepreneurs use visualizations; they create their new businesses in their minds before they earn their first dollar. They put their plans on paper before getting started.

Using your imagination expands your realm of possibilities. An effective imagination requires you to be extremely open-minded. You should not draw conclusions too soon based on what you already know. You may even need to forget what others around you have said in the past. They might be stuck in the same old place, with the same old thinking that has kept them from prospering. Do not be afraid to go above and beyond the norm. Launch out on your own; ask many questions. An open-mind can lead you to open doors.

Your success may be dependent on your ability to persuade others to help you. Therefore, you will need your imagination to paint a graphic picture that shows them how they will benefit by helping you. You must become your own best salesperson; selling yourself and your ideas. Gaining the cooperation of others is critical.

Look at our dear friend Simon Okema, he has accomplished a lot because he has been able to sell his ideas to others. You too can persuade people to assist you along the way, if you know what to say and do. Use your imagination to improve your communication skills.



*Warning:* A closed-mind is often a negative mind. It causes people to get stuck in cycles of fear, doubt, and unbelief. It will rob you of opportunities and stop you from achieving your goals. Old negative thoughts can steal your imagination's ability to overcome challenges. Be careful not to defeat yourself with a closed-mind and do not allow someone else's closed-mind to stop you either.



"Open your eyes, mind and heart – and then (only then) you will see." "Your words, thoughts, intentions and actions are your best hope, comfort, building blocks and insurance for tomorrow..."

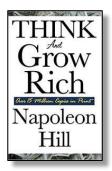
"Intelligence is just one dimension of ability. Do not limit yourself to it. Open up to instinct, intuition, creativity and thus possibility." Rasheed Ogunlaru



Andrew Carnegie was born to a very poor family. At age 13, he got his first job working as a bobbin boy in a cotton factory. He only earned a salary equal to about 4,155 Ugandan shillings a week. Most of his education came from reading library books and learning from watching others.

Mr. Carnegie became one of the richest men in the world, applying the same principles that you are about to learn. He spent the last years of his life giving away most of his money to improve the educational system. Carnegie wanted to provide everyone the opportunity to succeed in life; that includes YOU. Therefore, he gave Napoleon Hill the task of interviewing hundreds of the most successful and richest people in the world.

Hill learned their procedures, practices, and habits. He learned how they became successful and prospered. Hill invested 21 years discovering what you and I need to know. He put his teaching together in his "Philosophy of Success." His findings were first published in 1936 in his book *THINK AND GROW RICH*. By 2015, it had sold over 100 million copies worldwide. Why? Because his



principles produce results. Today, his teachings provide the foundation for most self-help training around the world. You will be

learning many of Hill's keys for success.



Think & Grow Rich MoreHelp.us/23

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"TRULY, 'thoughts are things,' and powerful things at that, when they are mixed with definiteness of purpose, persistence, and a BURNING DESIRE for their translation into riches, or other material objects."

Napoleon Hill

Napoleon Hill's opening line in Chapter 1 is, "Thoughts are Things." Hill and Einstein came to the same basic conclusion: Everything achieved by mankind starts in our imagination. We all develop mental pictures in our minds of the things we want to do before we actually do them. We think about what we want to eat before we eat it: we think about where we want to go before we go. Everything that has ever been built was first constructed in someone's mind and then in the real world. There is a saying, "All things are created twice, first in the mind and then in the world."

Hill's first success principle is "**Definiteness of Purpose.**" This means you need to have a clear understanding of what you want to accomplish. Use your creative imagination to visualize and develop a well-defined mental picture of your goals, desires, and dreams. Keep adjusting your picture until it becomes clearly focused.

A well-defined purpose will enable you to improve your productivity. Productivity can produce prosperity. The **LOGICDIE**<sup>TM</sup> system utilizes the word "Focus," conveying the principle of "**Definiteness of Purpose.**" Focusing on what you desire allows you to create a clearly defined goal, which then enables you to plan.



# Side 1 = Focus!

Side one of the **LOGICDIE**<sup>™</sup> reminds us to **FOCUS.** Focus brings clarity to your plans. **Focus on one project at a time.** Think back on

your successes; the times when things really went well. You were focused on your project; the one thing you wanted to achieve.

Focus can be defined as: *paying particular attention to the small details*. On a camera, we adjust the lens to bring things into focus. The same can be true about our thinking; we may need to adjust our thinking to see clearly. Focusing helps you to see the details and develop an in-depth understanding of what you wish to accomplish.

You want a clear vision or picture of your project before you start. Use a blank sheet of paper to write down detailed descriptions of your plan. Write out what you want to accomplish: your desires, dreams, and goals. Each goal will have its own written outline. Remember, it is easier to address and solve problems on paper before they arise, compared to waiting until a problem pops up and then trying to do something. Early planning can eliminate obstacles and make things easier for you.

A single project may have many different components or tasks within it. Visualize each individual component to create maximum

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clarity. Your conscious mind's ability to <u>Focus</u> in Focus on One Thing detail will help you succeed.

One of Hill's most famous quotes is, "Whatever the mind of man can conceive and believe, it can achieve." In this quote, "conceive" means to invent or create a mental picture of something; the picture is created in your imagination, it is the subject of your focus. "Believe" means to have faith in your ability to achieve what you have imagined. When I was in Uganda teaching, the students came alive with excitement and enthusiasm when they realized that they could achieve what they had conceived in their

minds. They understood that they could use the principles they learned to fulfill their own goals and dreams. It is easier to believe in yourself when you have a simple step-by-step system to follow.



"The Key to Success is to Focus our Conscious Mind on the things we desire..." Brian Tracy

**I believe in you!** You have the ability to use your mind to develop a plan to overcome or go around negative circumstances or people standing in your way. Did you know that there is no limitation to your ability to gain knowledge and understanding?



Knowledge supplies the facts you need; while understanding enables you to know how to use your knowledge to resolve problems and accomplish your goals. Your future is dependent on you. **Do Your BEST.** 

The  $\mathbf{LOGICDIE}^{\mathsf{TM}}$  process is exactly the same for successfully completing **Projects**, as it is for resolving **Problems**. *Stan* 

Let's get started! First, select a project you want to accomplish or a problem you want to solve. It does not matter how big it is. Any problem that you select will be converted into a project. Your selection will become the primary topic you will focus upon.

Now, grab a sheet of *paper and a pencil* so you can immediately write down all of your thoughts and ideas as you think of them. Writing down your thoughts will be critical for your success. It is one of the



most important steps in the process. The moment you write your thoughts down, you give birth to *organized thinking*. It is the organization of your thoughts that will help you know what to do next. The written word is tangible; it makes your thoughts become real. Now you can find solutions to deal with them.

Don't be surprised! Often when we write out our problems, we discover that they are nowhere near as big as we



Paper & Pencil MoreHelp.us/8 had imagined. Some may be easily solved by taking a few simple steps.

### TURN PROBLEMS INTO PROJECTS

Problems create stress and can become the roadblocks that keep you from accomplishing your goals. People's success in life is tied directly to their ability to identify and overcome problems. Problems must be dealt with. They cannot be ignored; they will rob you of energy and your dreams. When people fail to achieve their goals, often they will blame it on problems. They will say, "I couldn't do it because I had this or that... problem." There is no end to the number of excuses people blame on their problems. Quitters never become winners. Winners never quit. Do not let problems stop you.

Question: Are the projects and plans you want to accomplish worth

Problems into Projects
<u>MoreHelp.us/9</u>



your best efforts? Yes, of course they are! Problems are nothing more than projects awaiting your attention. When you have a problem, you will learn how to convert it into a project, work through the details, and solve it to the best of your ability. As you eliminate your problems one-by-one, the stress you feel will decrease and your productivity will increase.

Now, we want to mentally shift our thinking process; this would be called a paradigm shift. We want to STOP describing the challenges we face as Problems and begin thinking of them as Projects. This mental shift will reduce our stress and give us a new and improved outlook. In our old thinking, problems stand in our way; in our new thinking, projects become no more than a job that we need to finish. You have successfully completed thousands of jobs in your life. This is no different; you will complete this job too.

Now is the time; give yourself permission to convert those old Problems into Projects. Great. Now that you have made that decision, you can begin to move your projects through the cognitive process.

From this point forward the term "Problem" will only be referred to as a "Project."

Let us roll up our sleeves and go to work. If you have not already grabbed a sheet of paper, do it now. Of course, first things first – start by making a commitment to yourself to **Do Your Best**.

1.) **FOCUS** - Clearly define your project in writing.

You must understand it before you can deal with it. Write the project out in as much detail as possible. This will help you to understand the issue you are facing better.

#### 2.) **DIVIDE to DECIDE** – Break it down.

Break down your project into smaller more manageable parts. Question everything. Good questions will help you learn the things you need to know to make a wise decision. Keep asking questions until you are comfortable in making a decision.

#### In Review:



# **Do Your Best**

Commit to Do Your Best

How to do your best!

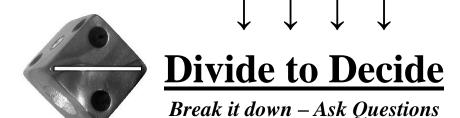


# Focus One Project at a Time

Focus on the Problems You shall Solve and the Projects You will Accomplish. Visualize your Goals.

"Passion is energy. Feel the power that comes from focusing on what excites you." — Oprah Winfrey





"The important thing is not to stop questioning. Curiosity has its own reason for existing. We cannot solve our problems with the same thinking we used when we created them."

Albert Einstein

# **Gaining Knowledge and Understanding**



# **Divide to Decide**

For every subject there is...

# ← What You Know and What You Don't Know →

Therefore, do not have a closed-mind, instead maintain an open-mind!



**Side Two** is the starting point for gaining knowledge and making wise decisions. Your task for side two is to **divide** your project into smaller manageable parts by asking high quality questions. This will enable you to make a **decision** based on logic and not upon emotions. This leads to the expansion of your understanding. It is your questions that will drive discoveries and allow you to gain a better understanding. The more you know the better decisions you will be able to make. Your curiosity will help you learn.

If you recall, we said, "our brain thinks in Pictures." Pixels are very small colored dots that form the pictures on a television or

computer screen. The more pixels, the higher quality resolution. That is why a 1080P television has a better picture than a 720P. The engineers that designed the TV sub-divided the picture into smaller pieces, thereby creating a lot more pixels and a better picture quality. You want to do the same thing; sub-divide your project by asking good questions. This understanding you gain will make it easier.

There is an old saying, "There are Two Sides to Every Story;" of course, there are two or more sides. Your job is to search for the facts; try to

Divide to Decide MoreHelp.us/2



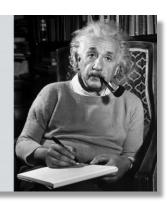
see from every view point. Be Open Minded! **DECIDE:** Side two is the starting point for gaining knowledge,

but it is also the stopping point for making a decision. Example: Yes, I will... or No, I will not... It's a Good idea or it's a Bad idea. This is Wise or this is Foolish. This is a Good use of my time or this is a Bad use of my time. This will Make me money or this will Cost me money. This will be Good for others or this will be Bad for others. This will make me Happy or this will make me Sad. This is Healthy or this is Unhealthy. The questions can go on and on.

Compare your options from as many sides and then make your decision and move on to the next question or project. There is power in making a decision. Decisions lead to action; action leads to prosperity. Remember, if the facts change in the future, you can always change your mind too.

"To raise new questions, new possibilities, to regard old problems from a new angle, requires creative imagination and marks real advance in science."

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**Benjamin Franklin** gave us a great example of Divide to Decide. Before he made any major decisions, he would grab a sheet of paper and a pencil to list his options. On one side of the paper, he would write the word "**Pros.**" On the other side, he would write the word "**Cons**". Under the word "**Pros,**" he would list all the positive reasons

for making a positive decision on a project. Under the word "Cons," he would list all the negative challenges it would create. He then could make a wise decision based on logic and not on emotions. Writing your thoughts down can help eliminate the emotional factors that can sometimes influence wrong decisions.

# **SEEK WISE COUNSEL**

Get Your Questions Answered by Experts

Everything you need to know, somebody already knows. Side three is about learning; doing your research and getting your



questions answered. Seek the advice of people that know what they are talking about. People that have already been there and done that. But be careful, there are lots of people that want to tell you what to do, but they have not done it themselves.

Smart people are all around you; you just need to seek them out. The best advice may be from an elder or in a book or on a YouTube video. Do your research. Seeking advice is how you will gain the knowledge required to successfully complete your projects.

The Bible quotes **King Solomon** as saying, "In a multitude of Counselors there is Safety." That is as true today as ever. Why is there safety in a multitude of counselors? Some people give bad advice. You may need to change the people that you are listening to. Your friends might be nice, but their counsel could be what is stopping you from moving forward. Remember Einstein said, "We cannot solve our problems with the same thinking we used when we created them."

The great Greek philosopher Socrates said, "The only true wisdom is in knowing you know nothing." Do not fool yourself into thinking you or your old friends have all the answers; do your research. Lord Chesterfield said, "In seeking wisdom you are wise; in imagining that thou hast attained it, thou art a fool." Be wise. Seek many counselors!

This cognitive learning process is simple. 1.) Focus 2.) Generate Divide to Decide 3.) Seek Wise Counsel, and then Focus again.

Repeat this process over and over again until you have enough factual information to make an intelligent decision.

Then and only then, make a decision and move forward! You will be glad you did.

Seek Wise Counsel MoreHelp.us/3



Ouestion everything! Ouestions lead to answers. Side three will help you find the answers by seeking wise advice.

Hello everyone, my name is Cosmas... I'd like to appreciate Mr. Stan and the team for coming up with the idea of the LOGICDIE system... through this system, I've achieved a lot in the last few years, I've always wanted to be a business man but didn't know how to start up...I had lots of plans but through this system, I learnt that if I am to reach all my goals that I've set in life, I must start now and also start with one step,



I must achieve one goal at a time, only then will I be able to accomplish all my goals, I decided to start up with a popcorn business, as I talk now,



Olara Cosmas MoreHelp.us/15

I have a retail shop that is based in Gulu town, it's doing well and I hope in the near future, I'll be able to expand and reach my other goals in life...thanks once again.

# Paper Gives Life to Your Ideas

Do you have any ideas that need to come to life? Do you have any problems that need to be solved? Here is an example from my dad. Back in the mid 1970's, my late father came up with this idea that he wanted to build a ministorage. He was having lunch at a restaurant; he grabbed a napkin and began to draw the picture he had in his mind. It looked something like this:



He had a plan in his mind, but suddenly he could see it on paper for the first time. This was the moment when my dad gave birth to **ORGANIZED THOUGHT**<sup>TM</sup>. He conceived it from within his creative imagination. This was the first step in making his plan come true.



This napkin was all he needed to get him started. It gave clarity to his vision and helped him to focus on this new project. Of course, **focus is side one** of the **LOGICDIE**<sup>TM</sup>. It was important that my dad's vision became clear in his own mind; seeing it on paper helped.

From the restaurant, he went back to the office and showed this drawing to Howard, his business partner. This drawing became a tool for explaining his vision to Howard and winning his support. Once dad placed his thoughts onto the paper his vision was born.

Howard and my dad sat down with another sheet of paper and began a brain-storming session. They needed a general idea of how much money would be required. They also wanted to know how long it would take them to start earning money from their plans.

There were many important facts that required their consideration. What were the pros and cons? In an effort to get a better handle on the project, they began to break it down into smaller more manageable thinking points. They needed to consider land development, buildings and permits, etc. In essence, they were putting side two of the **LOGICDIE**<sup>TM</sup> into action by looking at both sides (or all sides) of the project and asking themselves lots of questions.

Getting started had proved to be as easy as jotting down their ideas on paper and then following the principles taught on sides 1-2-3 of the **Logic Die**<sup>TM</sup>. This is what my dad's mini-storage looks like today!



# MERGING THOUGHT & ACTIONS Transform Thinking into Doing

All of the greatest plans in the world have no value unless they are acted upon. You and I can develop laser like focus and divide our projects into manageable tasks. Nevertheless, if we fail to take decisive action, after seeking advice and preparing a plan, we will miserably fail in accomplishing our goals. We will have no one to blame but ourselves.

The world is full of smart people with good intentions that never seem to get anything done. You are not going to allow this to be said about you. You shall become successful by taking action.

# Simon put Action behind his Thoughts.







Our dear brother Simon dreamed of a community center. He applied the principles that you are learning. Simon not only uses the  $\mathbf{LOGICDIE}^{\mathsf{TM}}$  principles, but he also teaches them. They have become a part of his cognitive operating system. This is one of many things he has achieved.

# Your ideas can become real too!





# Simon's Thoughts + Simon's Actions = Simon's Results

Work on a rough outline. 1.) Make a list of the problems you want to convert into projects. 2.) Ask yourself lots of good questions. 3.) Do your research; talk to wise people. 4.) Finally, decide what action steps you need to take. Now, build your To-Do-List.

Writ	e Your	Though	ts + You	ir Actio	ns = Kes	ults You	will En	ijoy

Success Story: Our brother Oyet David had a dream that he brought to life: Mental Health Camps. David wanted to break the negative stigma around mental health issues. He wanted to create awareness about common mental health disorders.



David used the **LOGICDIE**<sup>TM</sup> principles for planning and fundraising to make the project a success. He started with nothing but an idea. He reached 1,223 camp attendance. He and his team of trained volunteers together

conducted 149 counseling sessions. David said, "It's



Oyet David
MoreHelp.us/12

magical how a step-by-step guide can get you generating smart solutions to achieve your goals."

**SUCCESS STORY:** Meet Prudence, she is from Kazo, Mbarara, Uganda.

community She organized health outreaches. She credits the organizational principles of the **LOGICDIE**<sup>™</sup> for helping her prioritize and realign resources based needs of the individual upon community. In one year alone, she was organize 52 able community outreaches, impacting over 10,000 people.

Just like Prudence, you too can impact your community. Let yourself dream and then go to work writing out your plans. See your dreams come true.



Prudence Able MoreHelp.us/14



**Side 7 = Inside** MoreHelp.us/7



The **LOGICDIE**<sup>™</sup> has seven sides: six outsides and one inside. The inside is the **Seventh Side**. You cannot see it, although it makes up over 99.9% of the total mass. The inside gives the outside its surface. People judge you and I by our outside, but it is whom we are on the inside that really counts. Take charge of your thinking. **You are your thoughts!** 

# HOW TO DO THE IMPOSSIBLE

# **CATEGORIZATION – SIDE FOUR**

(When you understand this section of the book, you will know what to do.)

Go ahead and let yourself dream the impossible dream. When we were kids, our imagination allowed us to do anything in the world we desired. There were no limitations. We could become anybody or do anything we dreamed. We could travel the world in our minds. As we have grown older, life's circumstances and the people around us have slowly robbed us of our capacity to dream big dreams. It is time to set your imagination free again. Give

yourself permission to dream like a kid once more. *Dream the Impossible Dream* 

Although we can only accomplish one thing at a time, we have many areas of our lives that need our attention. Any time-consuming activities, such as employment, relationships,

education, spirituality, personal needs, or recreation merits its own planning process. <u>Take time to plan each area of your life</u>. To be truly effectual, we must consider at minimum the following areas of our lives:

Each area may need to be subdivided into multiple tasks requiring your attention.

- 1. Physical health today and long term
- 2. Relationships family, friends, and social
- 3. Financial health long term maintainability
- 4. Mental health including educational pursuits
- 5. Entertainment sports, TV, computer, etc.
- 6. All areas of your life you desire to organize

7			
/			
, .	 	 	

In order for us to be well rounded and balanced individuals, each area of our lives should be carefully planned. I know that it sounds like a lot of work – but it is your life. YOU are worth it!

We should be forming the habit of working on our primary goals or projects daily. For this reason, it is a good idea to have a notebook in which we can dedicate sections for each project. If something is important to you, by all means, give it its own section.

It is extremely important that you get a vivid mental picture of the following technique for sorting through all of the ideas and facts that you have been writing down. This is not difficult, and the benefits will be rewarding. Stan

**Categorization** is at the center of your plan of action. This provides a system for classifying all of your great ideas that have been emerging from your brainstorming sessions. You will have numerous ideas and thoughts about your projects which you have written down after completing steps One, Two, & Three. On side four, you are going to categorize your notes into 4 separate areas.

# Picture this Technique in Your Mind

You have been using paper and pencil to write down all of your

ideas. Now it is time to categorize them. Start by visualizing each individual idea as if it were being displayed on an index card; only one idea per card. You will have numerous cards, depending on how many ideas you have on a particular subject.



(any card will do)

You want to separate all of your <u>ideas</u> (thoughts or plans) into Four Categories or Piles based on the following criteria.

As you begin to go through the cards, one by one, each representing a distinct idea or task, you will mentally place each card, or idea, into its designated categorical pile: (you can just number your notes.)



Your first category will be the <u>Discard</u> <u>Pile</u>. The trash always falls to the bottom. When visualizing side four of the <u>LOGIC</u> <u>DIE</u><sup>™</sup>, always place the <u>Discard Pile</u> or trash pile on the bottom. It is for your bad ideas.

Has anyone ever given you really bad advice that you knew you had better not

follow? **Discard it**. Have you had ideas about something you wanted to do, but realized later that was a bad idea and you better not do it? Put it in the **Discard pile**.

One of the good things about the **Discard Pile** is that you are reducing clutter. This means you will have less to think about; you don't want to waist your **BRAIN TIME**<sup>TM</sup>. This step should prove to be actually very emotionally freeing. Cutting out the rubbish will increase your productivity and make it easier to proceed.

Your second category is the <u>Doable Pile</u>. In life, you can only do the things that are doable. The **Doable Pile** is always in the TOP position on the LOGICDIE<sup>TM</sup>. Doing the doable is your top priority.

For a task to be classified as Doable, you must have all of the

resources required to complete the job. There should be nothing lacking; nothing holding you back, other than the time you need to get the task done. There should be NO excuses "Why" you cannot accomplish these tasks.



Everything that you categorized as **Doable** will go directly onto your "To-Do-List," which must be prioritized. Make sure you are doing the most important things first. These are the things that move you forward towards accomplishing your goals.

Just about everything on sides One, Two, and Three is Doable. Your job is to get busy and Do It! *Believe in your own abilities!* 



Four Categories
MoreHelp.us/4

You will want to see this video. Its knowledge will help you to make your dreams come true. It might even help you get rich.



Your third category is the **Possible Pile**. It is located on the right side of the **LOGICDIE**<sup>™</sup>. The **Possible Pile** is for all the things that you know you can do "**If**." You can do it "if" you had this or "if" you had that…

"If I" had a new computer, I can... "If I" can get a couple of people to help me, I can... "If we" had 250,000 shillings we can... "If we" can borrow a truck, we can... The "if" stops us from completing our goal. Our job is to eliminate them one-at-a-time.

Once you eliminate the "If", what was Possible now becomes Doable!

# Most things are Possible "If"...



Your job is to determine what the "Ifs" are and eliminate them one-by-one.

Surprisingly, the word "If" is going to play a critically important role in helping you move forward with your planning process. This little two

letter word "If" may be the single most important word in our cognitive operating system. Let me explain.

When you make a decision to categorize an idea into the **Possible Pile**, it should meet two criteria:

- 1.) You are confident of the fact that you can accomplish the task when you secure all of the necessary resources. There is no doubt in your ability; you know you can do it "If".
- 2.) The "If" can clearly identify, because it represents the resources that you are lacking to accomplish your task. <u>The solution you are working for is to eliminate the "If," whatever it may be.</u> Examples:
- a.) If only I had a new computer I could... Your job becomes getting a new computer. When you secure the computer, you can move the task from the Possible Pile to the Doable Pile to be completed.
- b.) If only I can get a couple of people to come over to help, I can... So go get a couple of people to help you. When people come over to

help you, then you can move the task from the Possible Pile to the Doable Pile.

c.) <u>If only</u> I had five hundred dollars I could... Find a way to acquire the money and then you can. When you secure the money, your task can be moved from the Possible Pile to the Doable Pile, and you can get it done.

When you identify the "If", you can go to work to eliminate it. As soon as the "If" is eliminated, what used to be only Possible has now become Doable.

**Remember this fact**: We can ONLY do what is Doable. We CANNOT do the Possible until we eliminate the "**If**," which will automatically convert the Possible into the Doable. Therefore, our objective is to eliminate the "**Ifs**." This is how we get things done.



How do you eliminate the "If"? The best way is to FOCUS upon it. Make the "If" your next project to ponder by dropping it into Side One of the  $\mathbf{LOGICDIE}^{\mathsf{TM}}$  system. Now simply run it through the One-Two-Three thinking process until you have a workable plan.

The "I" in "If" denotes me; myself or I; and in your case — YOU. There is an old saying, "If it is going to be, it is up to me." That statement could not be truer than here. You must take responsibility. It is up to you to eliminate the "Ifs" standing in your way. Normally, nobody will do it for you. Nevertheless, you may find help just by asking for it. However, this is still you taking responsibility; you had to ask. There are a lot of "Ifs" that can be eliminated just by asking.

The "F" stands for Focus. You can remove all of the obstacles by working them through the 1-2-3 thinking process. Clearly defining obstacles, (the if), is the task for Side One. Dividing, or breaking down the obstacle, is the task of Side Two. And Side Three is all about seeking advice on how to eliminate the obstacle.

Use the system to develop and execute a plan for securing whatever assets or help you need to get rid of the "If." Once the "If"

is gone, you can move your task from the **Possible Pile** to the **Doable Pile**. Now do it. This should be repeated as often as required to complete the project.

Your Possible Uff"

Our fourth category is the **Dream Pile.** Here you are encouraged to dream the impossible dream. You can do just about anything you set your mind towards. Brothers Orville and Wilbur Wright must have fantasized flying for years before that first

airplane flight in 1903. Neil Armstrong and Buzz Aldrin must have dreamed many times about walking on the moon before they placed their feet on the lunar surface on July 21, 1969.

The **Dream Pile** is for things that you would like to accomplish

one day. Do not worry about how you are going to get it done. You will have plenty of time to figure that out later. Use your imagination and do not put artificial limits on yourself. Undue restrictions on your imagination only serve to cripple



your potential. Give yourselves permission to dream the impossible dream regardless of what other people think.

The greatest advantage of the **Dream Pile** is that you DO NOT need to have a plan of action right now. There are no resources required for the time being; all of that will come later. Dreams are futuristic goals by nature. When you are ready, you can block time to work on your project. Start by compiling an inventory of all the

"Ifs" to be addressed. When you have completed writing out all your "Ifs," you can move that project from the Dream Pile to the Possible Pile. Then start doing the Doable to eliminate one "If" at a time until you have completed your tasks and have made your dream come true. Congratulations!





# Four Categories MoreHelp.us/4

There should be no limitation to what you can place in your **Dream Pile**. You

have the right to your dreams; do not allow anyone to put a damper on them, including YOU.

<u>SUCCESS STORY</u>: My name is Sperito Mukiibi. I am the CEO Pamoja Tours and Travel, a company I started. <u>https://africasafaritravellers.com/</u>



Ever since I meet Stan Reynolds and Simon, my life changed for about 60%. It's great to see how everyday hardships turned into simple life lessons when I related them to the LOGICDIE principles.

Personally, I have accomplished a lot ever since I started applying theses self-help principles. The self-help principles saved my safari company a huge

sum of money. I used to think that website designing and SEO was only for professionals who must have taken a course into computer sciences and other related fields. I used to pay a lot of money to develop, update and market my safari company online until I had to FOCUS on how best one can design and manage his website. This was the ignition key to learning to make the impossible possible.

Mr. Stan taught me self-help principles and helped me realize that for every impossibility, there is a doable side. Now, I focus more on the doable side. For instance, my journey to managing my business started by me learning how to use WordPress software for my website. I had to consult friends about website design. I had to do some YouTube tutorials and I realized that within my circle of friends, I had IT professionals who gave me some lessons.

Today, I bought my own Saver space, I have all my company websites transfer keys, I can change my cPanel passwords at any time, I use Yoast for SEO and now bought Yoast premium which I am still taking more tutorials on. I pay my domain annual subscription fees cheaply than 4 times I used to pay when I had my IT contractors who were dishonest. I hired a very honest IT staff who is also teaching me more. I mean, life is good with self-help principles.

I married the world's most loving best friend, my partner. I cherish in fulfilling all the customary marriage ceremonies and finally church wedding. The self-help principles literally gave birth to organized

thoughts. Indeed, our imagination is a true sign of intelligence. I have accomplished a lot through my health initiative called Pamoja Health Initiative which Pamoja Tours and Travel funds by contributing 5% of profits from every booked Safari. I didn't know that my safari company can instead be the organization main funder.

My life journey with self-help principles opened my eyes to see that I can be everything I want to be. Especially when I learnt how to eliminate

the "If" statements because they only mean "I am Fear." For instance, if I had graduated in computer sciences, I would be managing my safari company websites, the self-help principles only show me the Doables which are in my control. For instance, I have a smart phone with data and I can watch YouTube tutorials, Google, etc. Thank you, Mr. Stan for changing my life forever. I will never forget you, my friend. **Sperito** 

Sperito Mukiibi MoreHelp.us/16



**Stan's Reply:** Wow! You got busy and did it. You used the LOGICDIE<sup>TM</sup> system. You put the principles to work in your life. You took charge of You! I am very proud of you, Sperito. You have set a great example for all of us to follow.

My friends, it is all about us. I must take charge of me and you must take charge of you. There is an old saying, "If it is going to be - it is up to me." That is why it is called self-help. Sperito used the same cognitive operating system that you are learning. He learned the principles of the **LOGICDIE**<sup>TM</sup>. They have helped him to be successful and they will help you succeed as well.

# HOW TO MAKE THE IMPOSSIBLE DREAM – POSSIBLE The short answer is to identify and eliminate the "Ifs."

**Consider this**: The only reason we consider our dreams to be impossible is because of the <u>illusion of fear</u>. Fear tries to stop us. It fills our mind with negative thoughts like, "it's too big, I am afraid I can't do it, nobody will give me a chance, etc." All we really have to do is – <u>do the doable to eliminate one "IF" at a time</u>. Step-by-step, little-by-little, our dreams can and will become our life's experiences. **So go ahead – live your dreams!** 

"The size of your success is determined by the size of your belief. Think little goals; expect little achievements. Think Big Goals; Win Big Successes." David J. Schwartz, Ph.D.

**Progress must be measured.** Completing a task is progress. When you complete a task, mark it off your To-Do-List. This moves you forward one notch on the **LOGICDIE™** wheel. Progress is a measurement of your productivity. Your productivity is <u>used to calulate the value of your services</u>. You will prosper both financially and personally in direct relationship to your productivity.



Side Five is like a wheel that turns everytime you complete a task on your To-Do-List. That is how you measure your forward progress.

Measuring your progress is the only way to know how far you have come, or how far you still need to go. At the very beginning of a new project, it is important to list the tasks or "Ifs" that must be eliminated. Some projects may require you to complete 10 tasks, while others may only require 1 or 2. Because you planned properly, you will have a To-Do-List that defines the tasks to be eleminated. This will provide direction and guidence for what needs to be done. Complete one task at a time until you achieve your goal.

<u>Side Five is like putting money in the bank</u>. Each time you move that wheel a notch, you made a deposit in your **Productivity Bank** 

Productivity = Profitablity
You Produce = You Profit

**Account**. Your hard work will pay off. As your productivity numbers start to

increase, you will profit. Productivity = Profitablitiy.

Have you ever had to wait in a very long line; maybe for two hours or more? It can be discouraging. Sometimes you may want to give up and go home. Do not quit! Look at the back of the line and see how far you have come. You may not be where you want to be yet, but you have made great progress. Reviewing your progess can give you hope to continue. Do not give up; push forward.

You can encourage and motivate yourself by looking at all the tasks you marked off your To-Do-List. When you completed 5 out of 10, you are already half-way done. Soon you will have 6 tasks

completed, then 7, then 8 out of 10. At that point you will be 80% done; you can be proud of your progress. Stay on course till the end; you have come a long way. Keep your eyes on the goal, but look back to realize the great progress you have already made.

Encourage yourself until you can feel the excitement and motivation in your soul. You are going to finish the job and reap the reward. It is a good feeling when you accomplish a goal. Enjoy the moment, then get to work on your next Project.

**Count Progress** MoreHelp.us/5

**Habits:** The LOGIC DIE<sup>TM</sup> is a tool to build new habits. It allows you to direct your thinking using its visual characteristics. When you control and direct your habits, you control and direct your life.

"The individual who wants to reach the top in business must appreciate the might of the force of habit – and must understand that practices are what create habits. He must be quick to break those habits that can break him – and hasten to adopt those practices that will become the habits that help him achieve the success he desires." J. Paul Getty

J. Paul Getty wanted us to understand that it is our daily practices that create our habits; our routines. Furthermore, he teaches us to be quick to break those detrimental habits in our lives, and quicker yet, to adopt new practices that will develop good habits which lead to success. Start building new habits today!

SUCCESS STORY: Hello, my name is Conrad Leonard. I was born and grew up in Ngaara, a village in Mbarara, Uganda. I would like to share my



Testimony of how I helped myself to achieve in life. Today, I hold a Bachelor's Degree in Computer Science from Nkumba University.

To survive I took employment as a stock taker. The work was so tiresome. I worked long hours, not forgetting taking my meals very late. My friend Polly shared a poster for

International University (CIU) which was seeking for ICT interns, I applied as a web and content intern and was employed. I worked well all though and was able to learn new skills. I did my two months Internship and was later retained hence signing a contract with them for one year.

# Why SELF-HELP?

Self-help refers to the use of one's effort and resources to achieve things without relying on others. An important lesson that I learned is that I can now face life outside the comfort zone of the university.

After resigning from CIU, I completed a course in graphics design and decided to start up my own company (<u>Conrad Leonard Solutions</u>) where I am a freelancer and do most of my work online. This has helped me grow and build myself, I have been able to settle in Kampala and do live stock farming back in the village. I keep cattle, goats and chicken.

What has helped me most is the fact that I embraced the hustle and struggle as part of my life. I used self-help approach to combat poverty into a sustainable way. As a result of capacity building and mutual support I am prospering today. I encourage people to take control of their own lives.

A lot of people are ignorant and reject change. Open your mind, travel, <u>get out of your comfort zone</u>, meet people from all different backgrounds and most of all learn and move from recreative to creative mode. Listen to your body and your felt experience; find out what restores you. Give yourself permission to feel good and want what you want.

Contact Conrad MoreHelp.us/10 Starting up life without a job was so hard in the beginning. <u>I had to market myself all the time</u> and sometimes even

borrow data to be online and wait for any gigs. I never gave up

on this and with time I started getting clients and designed my company website.

## THE RICHEST BLACK MAN IN THE WORLD

"I built a conglomerate and emerged the richest black man in the world in 2008 but it didn't happen overnight. It took me 30 years to get to where I am today. Youths of today aspire to be like me but



they want to achieve it overnight. It's not going to work. To build a successful business, you must start small and dream big. In the journey of entrepreneurship, tenacity of purpose is supreme." - Aliko Dangote

#### **REVIEW**

# THINK TO PROSPER

Turn Today's Dreams into Tomorrow's Reality!

# **Solve Problems – Reduce Stress – Get Things Done!**

The Easiest System in the World to Learn and Prosper!

Follow these simple steps to accomplish any Project. Projects can be a Goal you want to Achieve or a Problem you want to Solve.

#### 1. Do Your Best

a. Always start with a commitment to Do Your Best.

#### 2. Focus

- a. Focusing is clearly defining your Project, the thing you want to achieve. It can be a goal to accomplish or a problem to solve. Write it out in full detail so you can read it aloud to yourself. Read it often!
- b. State what the end result should look like and where you are at today. This becomes your map. Now you know where to Start and where the Finish line is.

#### 3. Divide to Decide

- a. Take the Project that you just defined and break it down into smaller, more managable parts. You do this by asking yourself lots of detailed questions.
- b. Start making a list. Discover what you know and what you do not know. Question everything!
- c. Questioning will lead you towards developing your understanding of the Project.

#### 4. Seek Wise Counsel

- a. Seek advice from multiple experts; individuals that have successfully done what you want to do.
- b. Do your research. Go to a library, search the internet, and ask elders who they think you should talk to.
- c. YouTube videos and search engines like Google can provide you with good resources.
- d. Always, always seek 3 or more sources and opinions.

### 5. Paper and Pencil

- a. Make a master list of ideas and tasks. Write everything you are learning down in a notebook. This will be the beginning of your planning process.
- b. Your notes will last through time. This allows you to start and stop on your Project when needed. Do not fool yourself; you cannot remember everything.
- c. Writing empowers you to organize your thinking. This helps you bring your Project to life.

## 6. Categorize

- a. Organize your thoughts and plans into 4 categories.
- b. The first one is the **Discard category**, for bad ideas.
- c. The second is the **Doable category**. This is for ideas that you know you can do. You have everything you need to do it. Nothing is stopping you, but you.
- d. Third is the **Possible category**. You know you can do it, but something is stopping you. You can do it "if" you had this... or "if" you had that... The "if" is the only thing stopping you.
  - i. Resolving the "if" is your key to success.
  - ii. When you eliminate the "if," your task is now Doable. Move it to the Doable category.
- e. Fourth is the **Dream category**. This category is for the big ideas that will require extra work and time. Big dreams always have lots of "if" tasks. Never give up on your dreams. Resolve one "if" at a time until your dream becomes your reality.

# 7. How to Eliminate the "if" Tasks

- a. You will learn how to eliminate the "if" and resolve any issue that keeps you from completing your Project by untilizing the above steps 1-5.
- b. Repeat the process as often as required to achieve your goals.
- c. Believe in Yourself. You can do it.
  - i. Never give up! You will succeed!

The more you practice this cognitive system for solving problems and accomplishing your goals, the easier and easier it will become. You are smarter than you think. \*\*\* TRUST YOURSELF \*\*\*

"Education is the most powerful weapon which you can use to change the world."

"Everyone can rise above their circumstances and achieve success if they are dedicated to and passionate about what they do."

"A winner is a dreamer who never gives up." Nelson Mandela

"The thing you fear most has no power. Your fear of it is what has the power. Facing the truth really will set you free."

"It doesn't matter who you are, where you come from. The ability to triumph begins with you – always." Oprah Winfrey



"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek."

Barack Obama

"Success isn't about how much money you make; it's about the difference you make in people's lives." Michelle Obama

"[Don't] let anyone convince you that your dream, your vision entrepreneur, be an something that you shouldn't do. What often happens is that people who are well-meaning, who really care for us, are afraid for us and talk us out of it." Cathy Hughes

